

## 1. **Sadbhavana Diwas (20-08-2015)**

On the eve of our former Prime Minister Rajiv Gandhi's 71<sup>st</sup> birth anniversary on 20<sup>th</sup> August 2015, NSS unit of GJUS&T, Hisar celebrated "SADBHAVNA DIWAS". Prof. Sandeep Rana (NSS coordinator) along with NSS team took pledge to work for integrity, prosperity and unity of our country. Following this the NSS volunteers visited classrooms of university and swore in the students to work together and fulfill the responsibility as citizens of India. "Sadbhavana Diwas" proved to spread the feeling of togetherness and patriotism among students.



## 2. **Adventure camp at ABVIMAS (Pong Dam, HP from 10-09-2015 to 19-09-2015)**

Ministry of youth affairs and sports, government of India organized a 10 day Adventure-Programme at Atal Bihari Vajpayee Institute of Mountaineering & Allied Sport (ABVIMAS) Water Sports Centre, Pong Dam (HP) from 10/09/2015 to 19/09/2015. Our volunteers Vinod (B. Tech .ECE 4<sup>th</sup> year), Ekta Dogra (B. Tech.ECE 4<sup>th</sup> year), Ritik Jain (B. Tech.IT 4<sup>th</sup> year), Jyoti Sheoran (B. Tech. ECE 4<sup>th</sup> year) along with total 40 NSS volunteers from different universities and Dr. Kapender (P.O. KUK), Dr. Jitender (P.O. MDU), Miss Poonam (P.O. MDU) of Haryana

participated in the programme. The camp began on 10/09/2015 with documents submission and introduction of water sports activities to be followed.

Each day began at 6 am with the morning exercise followed by breakfast, theory lecture of respective day activity and then practical in the evening session. Various water sports activities like swimming with and without life jacket (Freestyle and Backstroke style), kayaking, rowing, sailing, rafting and surfing accompanied with water rescue methods were organized. The trainers instructed the techniques in best efficient way and Volunteers participated in all activities with keen interest and zeal.

Trekking to nearby Khatiyad village, Pong dam power house premises were also arranged. Such activities provided additional knowledge to students. In evening cultural activities like singing, group dancing integrated and enhanced the sense of togetherness amongst volunteers. All water sport course at Pong dam provided great opportunities for volunteers to learn and explore new things. Our volunteers came with flying colors in terms of swimming activities. Our volunteer Vinod (ECE,4<sup>th</sup> year) proved to be a good swimmer. Ekta (ECE,4<sup>th</sup> year) and Ritik (IT,4<sup>th</sup> year) participated actively in the integrating programs.



On 19/09/2015 a closing ceremony along with certificate distribution and an culture program was held. Camp report was also presented by few students. Jyoti Sheoran (ECE,4<sup>th</sup> year) hosted the closing ceremony and presented the camp report in the event. Majority of water sports activities like surfing, rafting etc. were real adventurous and enjoyable.

### 3. NSS Day (24-09-15)

On the eve of 'NSS day' a cultural event was organized by NSS unit of GJU S&T, Hisar in TB-4 seminar hall on 24<sup>th</sup> September 2015. Prof M.S Turan, Worthy Registrar of our university spared his valuable time to grace the event as Chief Guest and Prof. Sandeep Rana (NSS Coordinator) presided over the function. The programme officer Mrs. Suman Dahiya, Mrs. Preeti Prabhaker and Dr. Anil Kumar also participated in the celebration. First of all, the NSS song was sung by a group of volunteers, proceeding with a skit on 'Importance of our National flag' appealing to the patriotic feelings of the audience. Next was a duet song with instrument, making the ambience musical. Further, Prof. Sandeep Rana delivered his views followed by worthy Registrar Prof. M. S. Turan addressed the volunteers sharing his social experiences. At the end, an energetic duet dance performance was presented by students. The event was well planned and organized by NSS volunteers. All the volunteers participated in the event with zeal and enthusiasm.



#### 4. Pre-RD Parade Camp (24-09-15 to 4-10-15)

Pre republic day parade camp was organized in Viswa Bharti Mahavidhalya, Sikar (Rajasthan) from 24<sup>th</sup> September to 4<sup>th</sup> October. Our four students Rakesh Kumar (CSE 4<sup>th</sup> year), Avrinder Pal (CSE 3<sup>rd</sup> year), Himani (ECE 4<sup>th</sup> year), Jatin (M. Tech.CSE) participated in the camp. Various activities such as parade practices, academic sessions for overall personality development and cultural evenings were arranged. Our volunteers participated enthusiastically in all the events.

#### 5. Cleanliness Day (20-10-2015)

Under the slogan of 'Swachch Bharat Swasth Bharat' the NSS volunteers cleaned the entire outskirts of Teaching Block-7 and Faculty house with the support of Department of horticulture. The Vice Chancellor of the University Prof. Tankeshwar Kumar inaugurated the drive himself taking the first step. It inspired one and all to keep and maintain a clean surrounding.



# नए अयाम छूने को तैयार है यूनिवर्सिटी

गुरु जभेश्वर विज्ञान  
एवं प्रौद्योगिकी विश्वविद्यालय  
के स्थापना दिवस  
पर बोले कुलपति

अमर उजाला ब्यूरो

हिसार। गुरु जभेश्वर विज्ञान एवं प्रौद्योगिकी विश्वविद्यालय, हिसार के कुलपति प्रो. टंकेश्वर कुमार ने कहा है कि विश्वविद्यालय अपनी 20 साल की गौरवमयी यात्रा पूरी कर चुका है। अब हमें और नए आयाम छूने हैं। लगातार तीन बार 'ए ग्रेड' पाने वाले इस विश्वविद्यालय को अब अन्तर्राष्ट्रीय पहचान दिलाने के लिए कार्य करना है। प्रो. टंकेश्वर मंगलवार को विश्वविद्यालय के 21वें स्थापना दिवस पर आयोजित कार्यक्रमों में बतौर मुख्यातिथि अपना संबोधन दे रहे थे। उनके साथ विश्वविद्यालय के कुलसचिव प्रो. एम.एस. तुरान भी थे।

स्थापना दिवस के उपलक्ष्य में आयोजित खेल उत्सव में अपने संबोधन में खेल निदेशक प्रो. विनोद कुमार बिश्नोई ने कहा कि विश्वविद्यालय का खेल विभाग विश्वविद्यालय में विद्यार्थियों में खेल के प्रति रुझान पैदा करने में सफल रहा है। इस मौके पर स्वयं सेवकों ने परिसर में सफाई भी की।



स्वच्छता अभियान का शुभारंभ करते कुलपति प्रो. टंकेश्वर कुमार व अन्य।

इसके अतिरिक्त स्थापना दिवस के उपलक्ष्य पर युवा कल्याण निदेशालय द्वारा भाषण व कविता प्रतियोगिताएं भी आयोजित करवाई गईं। विश्वविद्यालय के सहायक खेल निदेशक डॉ. शशी भूषण लुथरा ने बताया कि पुरुष वर्ग में बास्केटबाल प्रतियोगिता में लाला लाजपतराय हाउस की टीम प्रथम, नेताजी सुभाषचन्द्र बोस हाउस की टीम द्वितीय तथा राजगुरु हाउस की टीम तृतीय स्थान पर रही। बालीबाल प्रतियोगिता में लाला लाजपतराय हाउस प्रथम, राजगुरु हाउस द्वितीय तथा चन्द्रशेखर आजाद हाउस तृतीय स्थान पर रही। बैडमिंटन प्रतियोगिता में राजगुरु हाउस

ने पहला, लाला लाजपतराय हाउस ने दूसरा तथा नेताजी सुभाषचन्द्र बोस हाउस ने तीसरा स्थान प्राप्त किया। टेबल टेनिस प्रतियोगिता में राजगुरु हाउस ने पहला, सुखदेव हाउस ने दूसरा तथा चन्द्रशेखर आजाद हाउस ने तीसरा स्थान प्राप्त किया। फुटबॉल प्रतियोगिता में सरोजनी हाउस ने पहला, चन्द्रशेखर आजाद हाउस ने दूसरा तथा उद्यमसिंह हाउस ने तीसरा स्थान प्राप्त किया। तिले दौड़ 400 गुणा 4 में चन्द्रशेखर आजाद हाउस ने पहला, नेताजी सुभाषचन्द्र बोस हाउस ने दूसरा तथा लाला लाजपतराय हाउस ने तीसरा स्थान प्राप्त किया।

अमर उजाला 21/10/15

## 6. Rashriya Ekta Diwas (21-10-2015)

The NSS unit of the university observed National Unity day on the occasion of birth anniversary of Sardar Vallabh Bhai Patel in the Ch. Ranbir Singh Auditorium Seminar Hall. Prof. Mahendra Singh from D. N. College addressed the audience with his lecture on the life of Sardar Vallabh Bhai Patel and also described some of historic events of Hisar. The honorable Vice Chancellor, the chief guest of the function expressed his thoughts and suggestions for the youth.



## 7. Vehicle free day

National Service Scheme of the University organized an awareness campaign under the slogan “**Green India Healthy India**” on 07-01-2016 at 10:00AM. On this occasion University employees, students and residents observed a vehicle free day to make University campus green and pollution free. A rally was organized by the NSS/Sports volunteers, employees, students and residents (started from the Vice chancellor’s office through sports complex, boys’ hostels, girls’ hostels and ended at University library). Hon’ble Vice-Chancellor, worthy Registrar, NSS coordinator, Programme officers, university employees and students participated in the rally. It was planned that university will observe vehicle free day on first Thursday of every month.



## 8. National Youth Day (12-01-2016)

National Service Scheme of the University Celebrated of 153<sup>rd</sup> Birth Anniversary of Swami Vivekananda on 12 Jan. 2016. NSS volunteers also displayed “Pictorial exhibition on Swami Vivekananda’s contributions” to the society. Prof. Tankeshwar kumar graced the occasion as the chief guest. Registrar Prof. M. S. Turan, NSS coordinator Prof. Sujata Sanghi, DSW Prof. Kuldep Bansal also graced the occasion.



## 9. Seven days Camp at Dhandoor-Bir village (20-01-2016 to 26-01-2016)

The National Service Scheme unit of Guru Jambheshwar University of science and technology organized its seven days village camp at Dhandoor-Bir village. The camp aimed at given an exposure to the volunteers of the real life scenario at the rural areas and to create awareness among the village residents regarding various issues the volunteers divided various tasks into different teams for proper implementations of the camp motives. In just day to day activities were as follows.

### 20<sup>th</sup> January

The inauguration was held at the govt. school at Dhandoor. Honorable Vice-chancellor of university Prof. Tankeshwar kumar graced the occasion as the chief guest. DSW Prof. Kuldeep Bansal and sarpanch of the village Sh. Manoj Sharma were guest of honour. NSS coordinator Prof. Sujata Sanghi, Programme Officers Dr. Anil Kumar, Mrs. Suman Dahiya, Dr. Kashmiri Lal



and Dr. Bijender Singh also participated in the camp. The inaugural function was followed by cleanliness drive in the school premises and the village lanes. The NSS volunteer marched in a rally to inspire people with the slogan “Swachh Bharat Swachh Haryana” and carried out a street play to instill a sense of awakening in the people.

## समाधान के लिए समस्याओं को समझना जरूरी : वीसी



सफाई अभियान के दौरान सफाई करते डॉ. टंकेश्वर कुमार।

संवाद सहयोगी, हिसार : हंदूर के राजकीय प्राथमिक पाठशाला में आयोजित स्वयंसेवा योजना के सात दिवसीय शिविर लगाया गया। इसमें जीजेयू के कुलपति प्रोफेसर टंकेश्वर ने शिरकत की। कार्यक्रम के दौरान उन्होंने कहा कि राष्ट्रीय सेवा योजना विद्यार्थियों में सेवा की भावना पैदा करती है जिससे स्वयंसेवक समाज में जागरूकता पैदा करने का कारण बनते हैं। विद्यार्थी अपना 80 प्रतिशत समय कक्षा से बाहर व्यतीत है, ऐसे में वह अपने जीवन का 80 प्रतिशत कक्षा से बाहर ही सीखता है।

इसके अतिरिक्त राष्ट्रीय सेवा योजना की कोऑर्डिनेटर प्रो. सुजाता सांघी ने बताया कि शिविर 26 जनवरी तक चलेगा। इस दौरान स्वयंसेवकों व ग्रामीणों को विषय विशेषज्ञों

द्वारा व्यक्तित्व विकास के साथ साथ स्वास्थ्य व स्वच्छता के बारे में भी जानकारीयां दी जाएंगी। इसके अतिरिक्त विद्यार्थी स्लोगन, नुक्कड़ नाटक व अन्य गतिविधियों के माध्यम से ग्रामीणों को सड़क सुरक्षा, महिला सशक्तीकरण व बेटी बचाओ, बेटी पढ़ाओ आदि योजनाओं के बारे में जागरूक किया जाएगा। विद्यार्थी शिविर के दौरान सफाई व स्वच्छता अभियान भी चलाएंगे। शिविर में 120 स्वयंसेविकाएं व स्वयंसेवक भाग ले रहे हैं। उद्घाटन समारोह में गांव के सरपंच मनोज शर्मा व स्कूल के स्टाफ के अतिरिक्त छात्र कल्याण अधिष्ठाता, प्रो. कुलदीप बंसल, कुलपति के सचिव एसएल सैनी, प्रोग्राम कोर्डिनेटर डा. अनिल भानखड़ व डा. करमीरी लाल उपस्थित थे।

21<sup>th</sup> January

A rally quoted in union against drug abuse on the second day. The volunteers performed street play on several locations of the village and stressed on the fact that liquor addiction is

destroying the future of the youth. This was followed by expert lecture on “Positive life skills” By PDCPA director Praveen Nagpal who addressed the village children and guided them towards a better living an extempore was further organized for removing stage fear from the volunteers.



### **22<sup>nd</sup> January**

The third day saw an enthusiastic start with a workshop on Health and Hygiene at an Anganwadi Centre. Expert speaker Prof. V. K. Garg interacted with the villagers regarding agricultural issues and how dung cakes can be used to generate Bio-gas. Dr. Manoj Malik conducted free health checkups and provided guidance. In the forenoon the NSS volunteers conducted a survey in the village and collected a lot of information.

### **23<sup>rd</sup> January**

The issue of the day was corruption and needless to mention that NSS volunteers utilized the most effective medium of creating awareness i.e. a rally and a street play. They cited slogans and inspired everyone to not tolerate corruption road safety was also considered and expert

speakers namely S.I. Nanu Ram and ASI Ramesh Chandra from Hisar Traffic Police suggested to obey all the traffic rules and to co-operate with the traffic police. The session was followed by sports activities for one and all. Sports Director Sh. Shashi Bhooshan Luthra, Prof. Ashish Aggarwal and Prof. Sandeep Rana were present in the event.



### **24<sup>th</sup> January**

This day was dedicated to Women empowerment. The honorable chief guest of the event was Prof. Saroj and guest speaker was Smt. Snehlata Nibal. Prof. Saroj addressed the audience and interacted with the women villagers. Smt. Snehlata Nibal counselled the audience and defined women empowerment with clarity. Students from Hind Public School, Hisar presented a touching play on female foeticide. This was followed by a cultural programme by the NSS volunteers. Dr. Anil Gupta, Director of D.D.G.K.Y. was also present.

### **25<sup>th</sup> January**

The sixth day dedicated to voting and its importance. A rally marched to create awareness about voting rights. The NSS volunteers presented their street play on drug abuse at Dhani. In the forenoon an enthusiastic debate session was held among the NSS volunteers on the topic, "Modernization is deteriorating the Indian culture". Apart from all the activities, the stage was open to school children to perform and also for volunteers to share their feedback about the

camp. The refreshment team work was appreciable since the lunch was wholly prepared by the volunteers. It was a great team work by the NSS unit. The entire village has been quite cooperative all the time.

### **26<sup>th</sup> January**

A contingent of 30 NSS volunteers paraded in the Republic day celebration held in University. In the village, NSS unit, School students and villagers celebrated Republic day together with enthusiastic patriotic performances by NSS volunteer and school children. NSS coordinator, Prof. Sujata Sanghi presented seven day camp report and provided suggestion for village welfare. She expressed gratitude for villager's co-operation. The village sarpanch appreciated the NSS unit selfless job. The Survey report was presented by NSS volunteers. At the last certificate were distributed to the volunteers. Every volunteer returned back with flying colours.



## 10. Vehicle free day

National Service Scheme of the University organized an awareness campaign under the slogan “Green India Healthy India” on 15-02-2016. On this occasion University employees, students and residents observed a vehicle free day to make University campus green and pollution free voluntarily.

## 11. Workshop on Peace and Harmony in Society (05-03-2016)

NSS unit of GJUS & T organized one day seminar on “Peace and Harmony in Society: Role of Youth in collaboration with district administration, Hisar on 05-03-2016 in the main hall of the Ch. Ranbir Singh Auditorium. Inspector General of Police Hisar Range, Sh. Anil Rao was the chief guest of the function. Honorable Vice-chancellor of university Prof. Tankeshwar kumar graced the occasion. NSS coordinator Prof. Sujata Sanghi, Programme Officers Dr. Anil Kumar, Mrs. Suman Dahiya, Dr. Kashmiri Lal and Dr. Bijender Singh participated in the workshop. NSS volunteers of various institutions of Hisar including CCSHAU, Govt. PG College, Hisar, Dayanand PG College Hisar along with their programme officers participated in the workshop.

**सद्भावना | जीजेयू में एनएसएस स्वयंसेवकों ने शांति व सौहार्द बनाए रखने की शपथ ली**  
**मानवता है धर्म हमारा, भारतीय हमारी जाति**

भास्कर न्यूज़ | हिंसा

हाल ही में जाट आरक्षण अंदोलन के दौरान हुई घटनाओं के दर्द को भुलाया जा सके और भाईचारे की मिसाल के साथ एक नई शुरुआत की जा सके। इसके लिए युवा आगे आ रहे हैं। शनिवार को अनेक शिक्षण संस्थानों से एनएसएस स्वयंसेवक जीजेयू में एकत्रित हुए और सद्भावना के लिए शपथ ग्रहण की। वहीं कतिर मुख्य अतिथि आईजी अनिल कुमार राव व जीजेयू कुलपति पहुंचे।

इस मौके पर आईजी अनिल कुमार राव ने कहा कि युवाओं को चिंतन शक्ति को जगृत कर उन्हें सही-दिशा व गति प्रदान करना, शिक्षाविदों का पुनीत कार्य है। युवा किसी भी राष्ट्र का आईना है, जिस देश के युवा विवेकशील, चरित्रवान व राष्ट्र प्रेमी होंगे वह राष्ट्र उन्नति के उच्च शिखर को छू लेगा। उन्होंने कहा 500 सम्पत्ति युवाओं को ताकत 5 हजार अस्माजिक तत्वों पर भारी पड़ेगा। वहीं जीजेयू के कुलपति प्रो. टंकेश्वर ने युवाओं को प्रेरित करते हुए कहा कि सौहार्द बनाने का मूलमंत्र सेवा, सहयोग और संतुष्टि है। उन्होंने कहा कि सकरात्मक सोच रखने वाले व्यक्ति की हमेशा जीत होती है। इस अवसर पर डॉ. अजय कुमार, एसओसी रेंज, एचएयू से डॉ. भात सिंह, सीआर जाट कॉलेज से डॉ. कर्पेंद्र सिंह, डॉ. राजपाल, राजकीय कॉलेज से डॉ. रामचन्द्र, डॉपन कॉलेज से डॉ. सुनीता लोणा, जीजेयू से प्रो. कर्मपाल, अर्द्धस लाखलान प्राचार्य, इंदु शर्मा, थाना प्रभारी कृष्ण कुमार व एनएसएस केडेट्स उपस्थित रहे।



## 11. State level Camp (17-03-2016 to 23-03-2016)

State level Camp was organized by NSS unit of Kurukshetra University, Kurukshetra form

17-03-2016 to 23-03-2016. 16 NSS volunteers from GJUS & T, participated actively in the Camp.



## 12. Vehicle free day (30-03-2016)

National Service Scheme of the University organized an awareness campaign under the slogan “**Green India Healthy India**” on 30-03-2016. On this occasion University employees, students and residents observed a vehicle free day to make University campus green and pollution free voluntarily.

## 13. World health day (07-04-2016)

A cleanliness drive was held at Girls’ Hostel Complex, GJUST Hisar on the occasion of World Health Day (on 07-04-2016) by the National Service Scheme Unit of the University. The drive was initiated by the honourable Vice Chancellor Prof. Tankeshwar Kumar and the worthy Registrar Dr. Anil Pundir. The NSS volunteers marched in a rally with the slogans of CLEAN INDIA HEALTH INDIA. This drive was also supported under Swachh Bharat Swasth Bharat Abhiyaan of the university. The drive was warmly supported by sanitation department and the horticulture department. On this occasion Vice Chancellor Prof. Tankeshwar Kumar encouraged everyone to keep their surroundings clean. NSS Coordinator, Prof. Sujata Sanghi informed that being the first Thursday of the month April, this drive is also considered under the Green India Healthy India campaign. On this occasion DSW Prof. Harbajan Bansal, Director of Sports Dr. S.B. Luthra, Chief Warden (Girls’) Prof. Sonika, Superintendent Engineer, and all the Programme Officers of NSS showed their keen interest and enthusiasm and participated in the cleanliness drive. The NSS volunteers succeeded in creating awareness for cleanliness.



## जीजेयू में चलाया सफाई अभियान

**हिस्सार** | जीजेयू में गुरुवार को विश्व स्वास्थ्य दिवस के उपलक्ष्य पर सफाई अभियान चलाया गया। सफाई अभियान की शुरुआत जीजेयू के कुलपति प्रो. टंकेश्वर कुमार ने की। इस दौरान कुलसचिव डॉ. अनिल कुमार पुंडीर भी उपस्थित रहे। स्वच्छ भारत स्वस्थ भारत अभियान के तहत यह अभियान खेल निदेशालय, राष्ट्रीय सेवा योजना तथा बागवानी विभाग व स्वास्थ्य केन्द्र द्वारा सामूहिक रूप से चलाया गया। कुलपति प्रो. टंकेश्वर कुमार ने कहा कि जीजेयू ने देशभर में 24वां स्थान पाकर अपने गौरव को और बढ़ा लिया है। ऐसे में हम सबकी जिम्मेदारी बनती है कि हम अपने विश्वविद्यालय में स्थापित सफाई के उच्च मानकों को और अधिक बढ़ाएं तथा विश्वविद्यालय में अंतर्राष्ट्रीय स्तर की सफाई व्यवस्था सुनिश्चित करें। कुलसचिव डॉ. अनिल कुमार पुंडीर ने कहा कि अपने आस-पास के वातावरण को स्वच्छ रखकर ही मानसिक व शारीरिक रूप से अपने आप को स्वस्थ रखा जा सकता है। इस अवसर पर प्रो. हरभजन बंसल, प्रो. सोनिका, प्रो. सुजाता सांघी, डा. सरीना हसीजा, अशोक अहलावत उपस्थित थे।

### 14. Prerna-2016 (30-04-2016)

Prerna -2016 was organized by National Service Scheme of GJUS&T on 30<sup>th</sup> April-2016 at seminar hall, Teaching Block-4 for merit certificate distribution to eligible volunteers. Hon'ble Prof. Tankeshwar Kumar Vice-Chancellor of Guru Jambheshwar University of Science & Technology graced the occasion with his valuable presence. In the event Prof. S.C. Kundu chief warden of boys hostel, Prof. Sonika Chief Warden of Girls hostel and Prof. Sandeep Rana deputy chief warden of boys hostel, NSS coordinator Prof. Sujata Sanghi and all the programme officers of NSS were present in the event. A group dance and patriotic songs were presented by the



volunteers. Prof. Tankeshwar Kumar addressed the gathering. He appreciated the participation and coordination of NSS team for organizing different awareness programmes. He also shared his experiences related to cleanliness and “Swatch Bharat” witnessed by him in Hisar city. He urged the NSS volunteers to participate in cleanliness drive and awareness programmes outside the campus in Hisar city to make our city neat and clean. In his short speech he also acknowledged the contribution of NSS team for the current 1<sup>st</sup> ranking of university in Haryana by NIRF (National Institute Ranking framework) Ministry of Human Resource Development (MHRD) ranking -2016. Eligible volunteers were presented merit certificate by the Vice chancellor. In the last Mrs. Suman Dahiya presented the vote of thanks. Volunteers also shared their two years working experience with NSS and refreshment were distributed to each volunteer.



### **15. Cleanliness Drive (06-05-2016)**

A cleanliness drive was held at old campus, GJUST Hisar by the National Service Scheme Unit of the University on 06-05-2016 under the slogans of CLEAN INDIA HEALTH INDIA. The NSS volunteers interacted with the residents and also obtained their feedback. This

drive was also supported under Swachh Bharat Swasth Bharat Abhiyaan of the university. The drive was warmly supported by sanitation department and the horticulture department.



#### **16. National Integration Camp (13-06-2016 to 19-06-2016)**

National Integration Camp was organized by Ministry of Youth affairs and Sports, Govt. of India from 13-06-2016 to 19-06-2016 at Dr. M. P. S. Memorial college of business studies, Sikandra-Agra, U.P. Six NSS volunteers (Vikas, Vachaspati, Shubham, Renu, Suman, Monika) from GJUS & T, participated actively in the Camp.



## **17. International Yoga Day (21.06.2016)**

National Service Scheme of GJUS&T in association with Directorate of Sports, GJUS&T organized one week Yoga camp for the University employees, students and residents from 15.06.2016 to 21.06.2016. Prof. Tankeshwar Kumar, Vice-Chancellor of our university was the chief guest on the inaugural function held on 15.06.2016 at 6:00 AM at sports complex. Dr. Anil Kumar Pundir graced the occasion with his valuable presence. Professor Harbhajan Bansal, Dean Student Welfare, Prof. Sujata Sanghi, NSS coordinator, Prof. Sandeep Rana, Proctor of the University, Dr. Shashi Bhushan Luthra, Director of Sports, Dr Kashmiri Lal, NSS programme officer and many faculty members, officers, students, children were present in the inauguration function of Yoga camp. After inaugural function, Sh. Prakash, a Yoga trainer, demonstrated various Yoga postures and explained correct way of doing 'Asanas'. All the members present in the occasion took part enthusiastically and practiced various 'Asanas' of Yoga and Pranayama. This yoga camp was continued for one week up to 21.0.2016 from 5:30 AM to 7:30 AM in the sports ground.

2<sup>nd</sup> International Yoga day was celebrated with great enthusiasm and vigour by National Service Scheme of GJUS&T in association with Directorate of Sports, GJUS&T on 21.06.2016 in the sports ground. Sh. Muni Ram Arya, Ex. President Patanjali Yog Samiti, was the chief guest of the occasion. Prof. Tankeshwar Kumar, Vice-Chancellor of our university, Dr. Anil Kumar Pundir graced the occasion with their valuable presence. Professor Harbajan Bansal, Dean Student Welfare, Prof. Sujata Sanghi, NSS coordinator, Prof. Sandeep Rana, Proctor of the University, Dr. Shashi Luthra, Director of Sports, NSS programme officers and many faculty members, officers, students, children were also present. Sh. Muni Ram Arya said that Yoga not only purifies our body but also our soul. Prof. Tankeshwar Kumar told that this century will be known for Yoga revolution. Dr. Anil Kumar Pundir said that Yoga may have an important role in curing diabetes and stress. Children from Patanjali Yog Centre, Bado-Patti and Arya Nagar demonstrated various Yoga postures. After it all the members present in the occasion took part enthusiastically and practiced various 'Asanas' of Yoga and Pranayama under the guidance of Sh. Prakash. Certificate to the participant of one week Yoga camp were distributed by the Chief Guest. In the last, Dr. Shashi Luthra, Director of Sports presented the vote of thanks.





अंतरराष्ट्रीय योग दिवस के अवसर पर गुजवि में योग करती छात्राएं।

जागरण

# गुजवि में योग के करतब दिखाए

हिसार : गुरु जम्भेश्वर विज्ञान एवं प्रौद्योगिकी विश्वविद्यालय में चल रहा अंतरराष्ट्रीय योग शिविर मंगलवार को संपन्न हो गया। विश्वविद्यालय के खेल परिसर में हुए समापन समारोह के मुख्यातिथि पतंजलि योग समिति के मुख्य मार्गदर्शक व पूर्व अध्यक्ष मुनी राम आर्य थे। इस अवसर पर विश्वविद्यालय के कुलपति प्रो. टंकेश्वर कुमार व कुलसचिव डा. अनिल कुमार पुंडीर बतौर विशिष्ट अतिथि उपस्थित थे। अध्यक्षता छात्र कल्याण अधिष्ठाता प्रो. हरभजन खंसल ने की। शिविर का आयोजन छात्र कल्याण अधिष्ठाता कार्यालय, खेल निदेशालय, राष्ट्रीय सेवा योजना इकाई एवं युवा कल्याण निदेशालय के सौजन्य से किया गया।

## साधकों को प्रमाण पत्र वितरित किए

प्रो. जेएस नूनिया ने पेट से सम्बंधित योग क्रियाएं करवाईं। योग शिविर वत्र संचालन योग शिक्षक प्रकाश ने किया। समापन समारोह में आर्यनगर व बादोपट्टी की पतंजलि योग समिति के बच्चों ने योग क्रियाओं पर आधारित करतब दिखाए। योग शिविर में भाग लेने वाले साधकों को प्रमाण पत्र भी वितरित किए गए। धन्यवाद प्रस्ताव खेल निदेशक डा. एसबी लुधरा ने किया। इस अवसर पर राष्ट्रीय सेवा योजना इकाई की समन्वयक प्रो. सुजाता सांधी व युवा कल्याण निदेशक अजीत सिंह उपस्थित रहे।

योग मानव के शरीर के साथ-साथ मन व आत्मा को भी शुद्ध करता है तथा मनुष्य को सामाजिक व आध्यात्मिक रूप से भी स्वस्थ रखता है।  
- मुनी राम आर्य

कंप्यूटर की भाषा में अगर कहा जाए तो योग शरीर के सॉफ्टवेयर व हार्डवेयर को स्वस्थ करता है। इस सदी को योग क्रांति के रूप में जाना जाएगा।  
- प्रो. टंकेश्वर कुमार

भारत में दो तिहाई लोग मानसिक तनाव व मधुमेह जैसे रोगों से ग्रस्त हैं। इन रोगों से दूर रहने में योग सबसे बड़ी भूमिका निभा सकता है।  
- डा. अनिल कुमार पुंडीर

## 18. Help Desk (27-06-2016)

NSS units of GJUS&T, Hisar organized Help Desk during the new admission in the University campus. Around twenty NSS volunteers were involved for guiding the admission seekers in the B. Sc. (Hons.)-M. Sc. Integrated course offered first time by the University. NSS volunteers helped the student/visitors regarding their queries for admission/ counseling process.

