

Name	Dr. Rakesh Kumar Behmani	
Date of Birth	20.05.1978	
Designation	Professor	
Date of Appointment	2.7.2001	
Total Job Experience	21 Years	
Place of Work	Department of Applied Psychology Guru Jambheshwar University of Science and Technology, Hisar (Haryana)	
Educational Qualification	Ph.D. (From Department of Applied Psychology, GJUS&T Hisar, 2008)	
	MA (Psychology from Panjab University Chandigarh, 2000)	
	B.A. (From Govt. College Panchkula affiliated from Kurukshetra University, Kurukshetra, 1998).	
	Title of Ph.D.: Personal and Organizational Determinants of Quality of Work Life among Marketing Personnel.	
Address	H. No. D-31, Old Campus, GJUS&T. Hisar	
Marital Status	Married	

Research Papers Published

1. Singh, S., Punia, B.K. & **Behmani, R.K.** (2006). Anxiety in relation to emotional competency and organizational climate amongst supervisory personnel- an Interco relational analysis. *ICFAI journal of organizational behavior. Vol. V no.3. 74-83*
2. Singh, S., **Behmani, R. K.** (2007). Mental Health in relation to Coping Styles and Quality of Work Life -A Study of Marketing Personnel. *The Journal of Indian Management and Strategy. (April-June)*
- 3 **Behmani R.K.**, Kairo, J. & Kumar, A. (2007). A study of personality as determinant of burnout and mental health among female nurses. *Behavioural Scientist. 8(1), January, 61-66.*
- 4 Singh, S., Punia, B.K. & **Behmani, R.K.** (2007). Organizational Commitment in relation to locus of control and psychological participation among marketing personnel: a study of insurance sector. *APJ Business Review. Vol 8. No. 1& 2. January- Dec 2007.*
- 5 Kaushik, N., Jyotsana, & **Behmani, R.K.** (2008). Occupational Stress- A Determinant of Mental Health Problems: A study of Industrial Supervisory Personnel in India. *Indian Management Education Journal. Ghaziabad.*
- 6 Kaushik, N., **Behmani, R. K.** (2010). A Study of Mental Health, Emotional Intelligence and Adjustment among College Lecturers. *Apeejay Journal of Management, Vol, 5. No.1.*
- 7 **Behmani, R.K.**, Kaushik, N., Dhaka R, (2010) Role of Personality and Self-Efficacy as Predictors of Burnout among Military Personnel. *Management insights: The GBS Journal. Volume 1. No. 1*

8. **Behmani, R.K.** (2010). The Role of Positive Psychology in Primary, Secondary and Tertiary Prevention of Lifestyle Diseases. *Indian Journal of Positive Psychology*. Vol.1, Issue 1-2. 33-35.
9. **Behmani, R.K.**, Kaushik, N., & Mehta, S. (2010). A study of quality of work life, mental health and burnout among employees. *Amity Management Review*. Vol-1, July-Dec, 7-12.
10. **Behmani, R.K.** (2010). Models of Health Behaviour. *Indian Journal of Health & Wellbeing*. Vol-1, Sep-Dec, 79-83.
11. Kaushik, N., & **Behmani, R.K.** (2010). A Correlational Study of Burnout, Mental Health, Coping Strategies and Organizational Climate among Police Personnel. *Indian Journal of Psychology and Education*. Vol. 1, No. 1, Jan.,139-152
12. Jain H., Kaushik, N., **Behmani, R.K.** (2010). A study of Burnout, Self-Efficacy and sex roles among Women Lecturers. *Indian Journal of Psychological science*. Vol.1, No. 1., Dec. 35-48
13. **Behmani, R.K.**, Kaushik, N., & Rathi N. (2010). Burnout, Organizational Climate and Economic Locus of Control among Employees of a Pharmaceutical Company. *Global Education Society and Development*. 67-71. (July-Dec)
14. **Behmani, R.K.**, Kaushik, N., N., Singla, J., & Mehta, S. (2010). Determinants of Perceived Stress and Burnout among Employees of Haryana Vidyut Prasaran Nigam Limited. *Global Evolution* Vol 1 No.2, 39-46
15. **Behmani, R.K.** & Kaushik, N. (2011). A study of Coping resource, perceived stress and self-efficacy in relation with Suicidal Ideation among students. *Indian Journal of Health & Wellbeing*. Vol-2, issue 1 March.

16. Kaushik, N., & **Behmani, R.K.** (2011). A comparative study of Mental Health Problems and Role Conflict among Industrial Supervisory Personnel. *Indian Journal of Health & Wellbeing*. Vol-2, issue 2 June.
17. **Behmani, R.K.** & Kaushik, N., (2012). Perception of Burnout among Different Professions. Proceedings of AICTE Sponsored International conference on Innovative Strategies for Contemporary Management. Om Institute of Technology and Management, Hisar.
18. **Behmani, R.K.** & Kaushik, N., (2012). A co relational Study of Organizational Stress, Job Satisfaction and Mental Health among Police Personnel of Haryana. Proceedings of AICTE Sponsored International conference on Innovative Strategies for Contemporary Management. Om Institute of Technology and Management, Hisar.
19. **Kumar, S., & Behmani, R.K.** (2012, Dec). Peer Pressure among Late Adolescents: Sources and Remedies. *Indian Journal of Health and Well Being*. Volume 3, Issue 4. (1044-1047).
20. **Behmani, R. K.** & Kaushik, N., (2013). Perception of Organizational Climate among Different Professions. Proceedings of national conference on Business and Management (Researches n Business and Management: Academic and Professional Perspectives) of Haryana School of Business. Held on 7th and 8th February. 2013.
21. Kumar, S., & **Behmani, R.K.** (2013, March). Hopelessness, Peer Pressure and Automatic Thoughts among Late Adolescent Females. *Indian Journal of Health and Well Being*. Volume 4, Issue 1. (ISSN- 2229-5356).
22. Kairo, J., & **Behmani, R.K.** (2014). Determinants of Turnover Intentions among Supply Chain Supervisors in a Motor Bike Manufacturing Unit. *Indian Journal of Psychological Science*. Volume-4, Number-2, Jan, 2014.
23. Taruna, Singh, S., & **Behmani, R.K.** (2014, Jan). Managing Suicide risk amongst

adolescents: The role of Dialectical Behaviour therapy (DBT). *Indian Journal of Health and Well Being*. Volume 4, Issue 1. (ISSN- 2229-5356).

- 24 Sakshi, Behmani, R. K. Kumar, R. & Kumar, K. (2014). A Comparative Study of Eating Attitude and Adjustment in Late Adolescents. *Journal of rural and community psychiatry*. 1 (1), 40-46.
- 25 Nehra E., **Behmani, R.K.**, & Kumar R. (2014) Study of impulsivity, peer pressure and eating attitude among young adults, *Journal of rural and community psychiatry*.
- 26 **Behmani, R.K.** & Upmanyu, M. (2015). Effect of Gender and Age on Depression among Adolescents. *Indian Journal of Health and Well Being*. Volume 6, Issue 3. (ISSN- 2229-5356).
- 27 **Behmani, R.K.**, Sharma, S., & Sharma, R. (2015). Role of Depression and Hopelessness in suicide Ideation among Adolescents. *Indian Journal of Psychology and Mental Health*. Volume 9, Issue 1
- 28 **Behmani, R. K.** & Taruna, (2015). Determinants of Organizational Commitment and Turnover Intention. *Indian Journal of Psychological Science*. 6(1) 12-21.
- 29 **Behmani, R.K.**, & Kumar, S. (2016). Gender and Locality Differences in Body Image among College Students. *Indian Journal of Community Psychology*. Vol. 12, Issue 1, 130-138.
- 30 **Behmani, R.K.**, Upmanyu, M., Chand, M. & Upmanyu, V.V. (2016). Role of Age, Depression, and Affective Dysregulation in Suicide Ideation among Males. *Indian Journal of Psychology and Education*. Vol. 6, No. 1, 59-65
- 31 Tundwal, S., & **Behmani, R. K.** (2016). Structure of Different Dimensions of Organizational Role Stressors among Female Police Personnel of Haryana. *Indian*

- 32 Tundwal, S., & **Behmani, R. K.** (2016). Relationship between organizational role stress and life satisfaction among female police personnel. *Indian Journal of Health and Wellbeing*. 7. 225
- 33 Soni, E., & Behmani, R. K. (2016). Domestic Violence. *The International Journal of Indian Psychology*. 4(1), 19-26.
- 34 Sunita, Kumar, S. & **Behmani, R.K.** (2016). Health locus of control, peer pressure and cognitive triad among adolescents. *Indian Journal of Health and Wellbeing*. 8,49-53.
- 35 **Behmani, R.K.**, & Promila (2017). Life satisfaction among below poverty line, above poverty line males and migrant labours of Haryana. *Indian Journal of Health and Wellbeing*. 8,49-53
- 36 Kumar, A. & **Behmani, R.K.** (2017). Effects of Poverty on Mental Health and Resilience among Rural Females of Haryana. *The International Journal of Indian Psychology*. 4,26-37
- 37 **Behmani, R. K.** & Promila (2018) Mental Health among Below Poverty Line, Above Poverty Line Males and Migrant Labours of Haryana. *Indian Journal of Psychological Science*, 12(1) 37-48
- 38 **Behmani, R.K.** & Bargujjar, M. (2018) A Review on the Relationship of Materialism with Well-being, Self-esteem and among Adolescents. *International Journal of Social Sciences Review*. 6, 317-319.
- 39 Singh, V. & **Behmani, R.K.** (2018). Influence of parenting style on Life Satisfaction of the adolescents: A Review. *International Journal of Social Sciences Review*. 6,226-230.

- 40 Kumar, A. & **Behmani, R.K.** (2018). Role of Poverty in Coping and life satisfaction among Male Villagers of Haryana. *International Journal of Academic Research and Development*. 3,1138-1144.
- 41 Singh, V. & **Behmani, R.K.** (2018). Parenting style and adolescent suicide ideation: A review. *International Journal of Academic Research and Development*. 3,1245-4197.
- 42 Singh, V. & Behmani, R.K. (2018). Role of Parenting Style in Mental Health and Coping Style of the Adolescents. *Remarking An Analisation*, 3(8), 32-38
- 43 Soni, E., **Behmani, R. K.**, & Rani, S. (2018). Attitude and attribution towards domestic violence among women in India. *International Journal of Social Sciences Review*. 6,146-149.
- 44 Soni, E., **Behmani, R. K.**, & Rani, S. (2018). Modernization and Social Marital Adjustment of Earning Women. *Indian Journal of Community Psychology*. 14,156-160
- 45 Bargujjar, M. & **Behmani, R.K.** (2018). A Review on Materialism in Relation to Personality and Quality of Life. *Remarking and Analisation*. Vol 3, Issue 3.
- 46 Behmani, R. K. & Bargujjar, M. (2019). Quality of work Life in Private and Public Sector Companies among Different Hierarchies. *Indian Journal of Psychology and Education*. 9(1) 168-173.
- 47 Soni, E. & **Behmani, R. K.** (2019). Development and Validation of Happiness Scale in Indian Context. *Review of Research*. 8(7), 1-6.
- 48 Mehra, A., Gupta, T., Kumar, A. & Behmani, R.K. (2019). A Good Life Comes From

- Wealth. New Perspective about Psychological Well-Being among Farmers. *International Journal of Psychosocial Science*. 11(2), 8001-8011.
- 49 Soni, E., **Behmani, R. K.**, & Rani, S. (2019). Attitude toward Domestic Violence: Validation of Scale for Indian Context. *IAHRW International Journal of Social Sciences*. 7(5), 935-957.
- 50 Soni, E., & Behmani, R. K. (2019). Relationship between BMI, Overweight Preoccupation, Dysfunctional Attitude, and Social Avoidance. *Journal of the Indian Academy of Applied Psychology*. 45(2). 182-190.
- 51 Sandeep, Behmani, S. & **Behmani, R. K.** (2019). Personality Traits, Stress and Psychological needs of college students. *IAHRW International Journal of Social Sciences*. 7(5), 497-499.
- 52 Bhambhu, K., Bargujjar, M. & **Behmani, R.K.** (2019). A study of Materialism and Self-Acceptance among the Youth of Hisar (Haryana). *The International Journal of Indian Psychology*. Vol 7, Issue 4.
- 53 Soni, E., & Behmani, R. K. (2020). Effect of BMI on Appearance Perception, Peer Pressure and Health Locus of Control in late adolescence. *Indian Journal of Psychology and Education*. 10(1). 49-57.
- 54 Mehra, A., Gupta, T., Kumar, A. & Behmani, R.K. (2020) Quality of Life, Mental Health and Coping as Determinants of Suicidal Ideation among Farmers with different economic Background. *International Journal of Psychosocial Rehabilitation*. 24(8), 8001-8011.
- 55 Poonam, Sandeep & **Behmani, R. K.** (2020) Impact of the COVI19 Pandemic on Domestic Violence in India. *Journal of the Social Sciences*, 48(3), 1769-1777.

- 56 Kohli, S., Behmani, S., Behmani, R.K. & Rani, S. (2020). Materialism and its Psychological Correlates. *Shodh Sarita*. 7(26) 169-177.
- 57 Jangra, D., Singh, V. & Behmani, R. K. (2020). Gender Differences in Emotional Maturity among Early Adults. *The International Journal of Indian Psychology*. 8(1), 409-413.
- 58 Vijeta, & **Behmani, R. K.** (2020). Influence of food Pattern on Life of People During COVID-19 Lockdown. *International Journal of Creative Research Thoughts (IJCRT)*, 8(7) 4922-4941.
- 59 Kohli, S., Behmani, S., Behmani, R.K. & Rani, S. (2020). Materialism and Happiness: New Relations, Old Bonds. *Shodh Sanchar Bulletin*. 10(38) 34-40.
- 60 Kumar, R. & Behmani, R. K. (2020). The Body Image Scale: Psychometric Evaluation. *Journal of Oriental Research*.
- 61 Malik, V. S., Poonam, & **Behmani, R. K.** (2020). Effect of COVID-19 Lockdown on Mental Health and Family Relationship in North Indian People: Lockdown and You. *Shodh Sarita*, 27(7) 76-84.
- 62 Singh, K., Behmani, S. & Behmani, R. K. (2020). A Review on the Perception of interpersonal Conflict and Coping Style in Married Life. *Wesleyan Journal of Research*, 13(7). 27-36.
- 63 Malik, V.S. & Behmani, R. K. (2020). A Literature Review on Psychological Factors among Cardio Vascular Disease. *International Journal of Creative Research Thoughts*. 8(8), 308-312.
- 64 Singh, K., Behmani, S., Kanupriya, & Behmani, R. K. (2020). Perception of Domestic Violence, Emotional Competency and Marital Adjustment in Married Life. *Journal of*

Oriental Research. 61-69.

- 65 Kumar S., Kumar, R. & Behmani, R. K. (2020). Psychological Problems in Adolescents During COVID-19 Pandemic. *Shodh Sanchar Bulletin*. 40 (10) 195-199.
- 66 Sandeep, Malik, S. V. & Behmani, R. K. (2021). Psychological Determinants of Domestic Violence among Men: A Review. *Shodh Sarita*, 8(29), 184-189.
- 67 Singh, K., Bargujjar, M. & Behmani, R. K. (2021). A Study of Domestic Violence and Marital Adjustment on Disturbed and Non-disturbed Married Couples. *International Journal of Psychological Rehabilitation*. 25(1), 535-550.
- 68 Singh, K., **Behmani, R. K.** & Rashmi, S. (2021). A study of Coping Style and Emotional Competency between Disturbed and Non-disturbed couples in Married Life. *Psychology and Education* 58(3), 2392-2404
- 69 Rani, A., Malik, V. S. & **Behmani, R. K.** (2021). Psychological Intervention Measures for Mental Health During COVID-19 Pandemic. *Shodh Sarita*, 29(8) 174-177.
- 70 Neeraj, Malik, V.S. & Behmani, R. K. (2021) Problem of Psychological, Physical and Social Abuse of Females. *Sambodhi*.
- 71 Neeraj, Kumar, S. & Behmani, R. K. (2021) Psychological Situation of Female Sex Workers in India. *Sambodhi*.
- 72 Kumar, R., Kumar, A. & Behmani, R. K. (2021) Study of workplace harassment and mental health among female teachers and nurses. *NIU International Journal of Human Rights*. 8)19, 144-149.
- 73 Kumar, R., Kumar, A. & Behmani, R. K. (2021) study of Burnout among female

teachers and nurses. *Shodh Sanchar Bulletin*. 81-86.

- 74 Malik, Kumar, Kumar & Behmani. (2021) Effects of Stress on Menstrual Cycle in young Adolescent Female during COVID-19 Lockdown in India. *International Journal of All Research Education and Scientific Methods (IJARESM)*, **9 (10)**, **984-990**.
- 75 Sandeep, Malik, Behmani, & Kumar (2021). A Review on Domestic Violence Against Men. *Shodh Sanchar Bulletin*. 11(41), 77-80
- 76 Bhambhu S, Bargujjar M, Singh V, Behmani S 7 Behmani R K. (2022) A Holistic View of Management of Polycystic Ovarian Syndrome *International Journal of Health Sciences*, 6(S2), 4971–4979. <https://doi.org/10.53730/ijhs.v6nS2.6011>
- 77 Shalini, Singh V, & Behmani R K. (2022). Mensuration: The Socio-Cultural Perspective in the Indian Society. *Change Management: An International Journal* 22(1) 333-345
- 78 Shalini, Singh, V., Yadav, H. K., Bhankhar, S. K., & Behmani, R. K. (2022). Menstrual distress and psychological well-being. *International Journal of Health Sciences*, 6(S3), 8727–8734. <https://doi.org/10.53730/ijhs.v6nS3.8100>
- 79 Kairo J, Neeraj & Behmani R K. (2022) Feelings of Abuse and its Role in the Acceptance of self among Female Sex- Workers in India. *Indian Journal of Applied research*. 12(06) 1-4.
- 80 Kairo J, Kataria D K, Behmani R K Sharma S, Ramesh O S V, Rana S S. & Kukreti P. (2022) Sexual Dysfunction in Females with Anxiety Disorder. *Indian Journal of Applied research*. 12(06).
- 81 Bhambhu S, Singh V, Bishnoi S & Behmani R K (2022). Impact of PCOS on Mental

Health and Well-Being of Women: A Review Change Management: An International Journal. 22(1) 351-366

Papers Presented in International/ National Conferences and Seminars

1. **Behmani, R. K.** (2008). Mental Health and Burnout at Workplace. Paper presented in the National Conference. “Health Psychology: Parallel Themes and Potential Synergies” at G. J. Univ. of Science and Tech. Hisar (Haryana). 22-23 feb, 2008.
2. **Behmani, R. K.** (2008). Causes of Eating Disorders. Paper presented in the National Conference. “Health Psychology: Parallel Themes and Potential Synergies” at G. J. Univ. of Science and Tech. Hisar (Haryana). 22-23 feb, 2008.
3. **Behmani, R. K.** (2009) “Population Explosion: A Psychological Analysis” in International Conference on Changing Environmental Trends and Sustainable Development (February 9-11, 2009) at Department of Environmental Science and Engineering at G. J. Univ. of Science and Tech. Hisar (Haryana).
4. **Behmani, R. K.** (2009). Quality of Work Life among Indian Insurance Sector: Problems and Remedies. Paper Presented in National Seminar on Parenting and Adolescent- Trend and Role in Modern Era. At Department of Psychology, Govt. College, Sector-46. Chandigarh. on 4th March 2009.
5. **Behmani, R. K.** (2010) “Burnout, Organizational Climate and Mental Health among female Teachers” in National Conference on Well-Being Women and Work –Emerging Trends in Psychology, at Government College Malerkotla. 23-24 Oct, 2010

6. **Behmani, R.K.** (2010) "Quality of Work life, Mental health and Organizational Commitment among Indian insurance personnel". Paper presented in the International Conference on Enhancing Human Potential: Bio-Psychosocial Perspectives at Panjab University Chandigarh. 15-17 Nov. 2010.
7. **Behmani, R.K.** (2011) "Environmental Human Rights- Constitutional Provisions in India". Paper presented in the National Seminar on Human Rights Education at Dayanand Postgraduate College, Hisar. Feb, 2011
8. **Behmani, R.K.** (2011) "Mental Health and Environmental Psychology". Paper presented in the National Seminar on Environmental Degradation: Issues and Remedies at Dayanand Postgraduate College, Hisar. 11th Feb, 2011
9. **Behmani, R.K.** (2011). "Organizational Climate among Insurance Personnel". Paper Presented in the National Seminar on Global Competitiveness of Indian Business. At University School of Management, Kurukshetra University, Kurukshetra. 13th feb 2011
10. **Behmani, R.K.** (2011). "Effects of Loneliness and Perceived Stress and Suicidal Ideation among Engineering Students". Paper Presented in the National Seminar on Community Health Psychology: Research and Applications (March 26-27). At Department of Psychology, Maharishi Dayanand University, Rohtak.
11. **Behmani, R.K.** (2011). "Determinants of Aggression among Late Adolescents". Paper Presented in the National Seminar on Community Health Psychology: Research and Applications (March 26-27). At Department of Psychology, Maharishi Dayanand University, Rohtak
12. **Behmani, R.K.** (2011). "Hope and Optimism as Predictors of Subjective Well-Being among Adolescents" Paper presented in the Indian Psychological Science Congress on Health Psychology and Rehabilitation: The Crisis among Youth and Aged (12-13 October, 2011) at Dept. of Psychology, P.G. Govt. College, Sector-46, Chandigarh.

- 13 **Behmani, R.K.** (2011).” Quality of Work Life in India: Past Present and Future” Paper presented in the 1st international online conference on psychology and allied sciences on “New Horizon in Social Research (25-26 November, 2011), organized by Indian Association of Health, Research and Welfare and Centre for Behavioral Research and Intervention, GJUS&T Hisar
- 14 **Behmani, R.K.** (2011).” Poverty a Psychological Analysis” Paper presented in the 1st international online conference on psychology and allied sciences on “New Horizon in Social Research (25-26 November, 2011), organized by Indian Association of Health, Research and Welfare and Centre for Behavioral Research and Intervention, GJUS&T Hisar
- 15 **Behmani, R.K.** (2012).” Perception of Peer Pressure among College Going Students. Paper Presented in “National conference on Social and Cultural Changes: Prospect and Challenges for Youth” (21-22, February 2012) Government Rajendra College. Bathinda.
- 16 **Behmani, R.K.** (2012).” Body image among Youth”. Paper Presented in “National conference on Social and Cultural Changes: Prospect and Challenges for Youth” (21-22, February 2012) Government Rajendra College. Bathinda.
- 17 **Behmani, R.K.** (2012) “Psychological participation as predictor of quality of work life: A study of insurance marketing Personnel.” Paper presented in “HSB 4th Annual conference on business and management ((9-10, February, 2012) organized by Haryana School of Business, GJUS&T, Hisar.
- 18 **Behmani, R.K.** (2012).” Psychology of Green Purchase Behaviour” Paper presented in the National Seminar on “Environmental Degradation: Issues and Remedies” (28th February 2012), organized by Dayanand Postgraduate College, Hisar
- 19 **Behmani, R.K.** (2012).” Gender Differences for sexual Attitude among Students: A psychological Analysis. Paper presented in National Seminar on innovative Strategies of

Learning and Motivation (31th march 2012), organized by C.D. College of Education, Hisar

- 20 **Behmani, R.K.** (2012). A study of Anger Expression among University Students. “Paper presented in National Seminar on innovative Strategies of Learning and Motivation (31th march 2012), organized by C.D. College of Education, Hisar
- 21 **Behmani, R.K.** (2013).” Status of Female Psychological Health in India”. Paper presented in 2nd International conference on Psychology and Allied Sciences on 22-23 March by Centre for Behavioral Research and Intervention, GJUS&T, Hisar
- 22 **Behmani, R.K.** (2013).” Hopelessness and Peer Pressure among Youth”. Paper presented in 2nd International conference on Psychology and Allied Sciences on 22-23 March by Centre for Behavioral Research and Intervention, GJUS&T, Hisar
- 23 **Behmani, R.K.** (2014).” Peer Pressure and Cognitive Distortions among Youth in India.” Paper Presented in National Seminar on Mental Health Challenges and Remedial Approaches (MHCRA-2014) AT Department of Psychology, Gurukul Kangri University, Haridwar (Uttarakhand) on February 15-16,2014
- 24 Presented a Paper in 13th Annual Conference of Indian Psychiatric Society- North Zone, Haryana Branch, on 13th-14th December, 2014.
- 25 Delivered a lecture in Dayanand P G College on 31st March 2015 on Career Opportunities in Psychology.
- 26 Paper Presented as Keynote Speaker in National Seminar on “To make earth a more livable planet “on the topic of Sustainable Growth: A Psychological perspective. Held on 13-14, October, 2015
- 27 Paper Presented on “Forgiveness and Mental Health” in 2nd International and 4th Indian Psychological Science Congress, held on 8-9 October 2015 in Dept. of Psychology, P.G.

Govt. College, Sec 46 Chandigarh.

- 28 Paper Presented on “Hope and mental well-being in parents of children with mental disability” in International Conference on Youth and Well Being held on 11-12 November 2016 at Department of Applied Psychology, GJUS&T.
- 29 Paper Presented on “Role of Bhagwad-Gita as Coping Mechanism for Today’s Youth”. At International Conference on Nurturing human values in youth: A perspective of Srimad Bhagavad Gita, held on December 8-10, 2016 in Guru Jambheshwar Ji Maharaj Institute of Religious Studies, GJUS&T.
- 30 Paper Presented on “Role of environmental consciousness in creating environment friendly citizens of tomorrow” at International Conference on Emerging Areas of Environmental Science and Engineering held on 16-18 February 2017 at Department of Environmental Science & Engineering, GJUS&T,
- 31 Conducted Pre Conference Workshop on the theme of Health Issues and Concerns at International Conference on Psychology, Health and Medicine organized by AMITY Institute of Behavioural & Allied Sciences, held on 9-10, March, 2018.
- 32 Paper Presented in International Conference on positive psychology for health and Well Being organized by Department of Applied Psychology, GJUS&T, on “Psychological conditions of Rape Victims.” held on 9-10, March, 2018.
- 33 Paper on “Effects of Watching Porn movies on Adolescents” was presented at 46th National Annual Conference of Indian Association of Clinical Psychologists-2020, held at Chandigarh on 21-23 February 2020.

Psychological Scales/Tools Constructed

- 1 Tanni, R. K. & Behmani, R. K. (2018) Body Image Scale. Prasad Psycho Corporation, New Delhi
- 2 Ekta & Behmani, R. K. (2018) Attitude Towards Domestic Violence Scale. Prasad Psycho Corporation, New Delhi

PhD students

PhD students (Awarded)

- 1 Cognitive Distortion, Health Locus of Control and Peer Pressure as Correlates of Perception of Body Image among Late Adolescents. (Suresh Kumar, 10119006).
- 2 Role of Psychological Resources in the Relationship between Attitudes towards Poverty and Its Attribution. (Promila, 12119006)
- 3 A study of the Relationship between Organizational Role Stress, Emotional Adjustment and Mental Health among Female Police Personnel. (Sunita, 12119002)
- 4 Perceived Domestic Violence in Relation to Mental Health, Marital Adjustment, Sex Role Orientation, modernization and family Structure among married Women (Ekta, 15119003).
- 5 A study of the relationship between Poverty Coping, Resilience and Mental Health (Anil Kumar, 12119003).
- 6 Risk and Protective Factors in Depression among Adolescents (Mayank Upmanyu, 16118002).
- 7 Role of Mental Health, Resilience, Quality of Life, and Coping in Suicidal Ideation among Farmers of Western Haryana (Arvind, 16119004).

- 8 A study of Alexithymia, Emotional-Behavioral Problems and Anger in Relation to Temperament among Different Under-Privileged Children (Raj Kumar, 17119007).
- 9 A Psychological Analysis of Disturbed and Non-Disturbed Couples. (Kapoor Singh)
- 10 Body Image in Relation to Mental Health, Personality, Self-Esteem, Coping and Life Satisfaction in Non-Clinical Males, Females and Transgender (Ramesh Kumar, 15119006).
- 11 Impact of Parenting Style on Mental health, Coping Styles, Self-Esteem, Identity Style, Suicide Ideation and Life Satisfaction among Adolescents (Vijeta, 17119006).
- 12 Psychological Correlates of Materialism among Late Adolescents of Western Haryana (Monika Bargujjar, 17119001).
- 13 A Study of Age and Gender Differences on Materialism, Happiness, Well-Being, Quality of Life and Self-Efficacy (Sandeep, 17119008).
- 14 Effect of Domestic Violence on Mental Health, Emotions, Coping and Attitudes towards Domestic Violence among Male Victims of Domestic Violence. (Sandeep).
- 15 Perception of Workplace Harassment, Burnout, Mental Health, Quality of Work Life, and Family Adjustment among Women. (Rajesh Kumar).
- 16 A Study of Abuse and Trauma among Female Sex Workers and their Relationship with Mental Health, Social Health and Self-Acceptance (Neeraj).

PhD students (Submitted)

- 1 Effect of Mindfulness-Based Cognitive Therapy on Quality of Life, Depression, Anxiety and Body Image among Polycystic Ovarian Syndrome Patients (Satyam Bhambhu, 2019)
- 2 Psychological Well-Being and Menstrual Distress among Female Adolescents (Shalini, 2018)

PhD students (Continuing)

- 1 Psychological Determinants of Internet Gaming Proneness among Late Adolescents (Manisha Ranga, 2019)
- 2 Gender-Related Perceived Micro-Aggression and its Effects on Gender Stereotype, Emotional Maturity, Adjustment, and Attitude Towards Marriage in Females (Mr. Suresh Kumar, 2020).
- 3 Cyber Gossiping and its Role in Self Deception, Social Dysfunction, Social Anxiety and Suicidal Ideation amongst Late Adolescents (Arun Khanduja)
- 4 An Analytical Study of Factors Contributing to Rape Culture in Haryana among Different Age Groups and Gender (Ms. Ancha Rani)
- 5 Determinants of Menstrual Distress and its Remedies among North Indian Adolescent Girls (Vandana Singh Malik)
- 6 Risk and Protective Factors in Drug Abuse Susceptibility among Adolescents. (Sanjay Bhankhar)
- 7 Sexual Dysfunction and Marital Satisfaction in Females with Major Depressive Disorder and Anxiety Disorder (Prof. Dinesh Kataria)
- 8 Mental Health of Covid-19 Survivors: Risk and Protective Factors (Priyanka Verma, 190110090105)
- 9 A Cross Sectional Study of Psychological Burden, Coping, Hopelessness and Quality of Life among Caregivers of Intellectually Disabled Persons (Arman Ali, 200110090103)
- 10 Male's Perspective Related to Psychological Status of Females of Western Haryana (Hemant Kumar, 200110090108)
- 11 Role of Religiosity in Attitude and Attribution towards Poverty and Modernization among Young Adults with Different Socio Economic Backgrounds and Gender (Gobind, 200110090108)

PG Diploma in Guidance and counselling students Guided: -

1. Effect of Gender on Self-Esteem among Early Adults (Deepa Jangra, 180111120007).
2. Study on the Relationship between Materialism and Self-Acceptance among Late Adolescents. (Kavita, 180111120013)
3. Study of the Relationship between Psychological Well-Being and Life Satisfaction among Rural Women. (Neelam, 180111120015)

Projects Guided to MSc Applied Psychology Students: -

1. A study of Emotional Intelligence and Burnout among female Teachers. (2006). Navdeep Kaur 0412107. (Awarded)
2. Burden and quality of life in the primary care giver of affective disorder- A comparative study. (2007). Sachin 0512112. (Awarded)
3. Burnout, organizational climate and economic locus of control: A study of Coral private limited. (2007). Pushpa Jangra 0512103. (Awarded)
4. Personality Economic Locus of Control and Money Attitude among Students. (2007). Satish Kumar, 0512124. (Awarded)
5. A study of sex Roles and Perceived Stress among Female Students. (2007). Cheshta Bhatia, 0512132. (Awarded)
6. Burnout, Organizational Climate and Economic Locus of Control: A study of coral Private Limited. (2007). Neelam Rathee, 0512103. (Awarded)
7. A study of Eating Disorder among Females. (2008) Bindia Dhir. 0612139. (Awarded)
8. The Effects of Organizational Climate, Social Integration and Constitutionalism on Turn-over Intention among the Employees of BPO. (2008). Parul Tahlan, 0612101. (Awarded)
9. A study of Burnout, Self-Efficacy and Sex Roles among Male Lecturers. (2008). Bharti, 0612104. (Awarded)

10. A study of Burnout, Self-Efficacy and Sex Roles among Working Women. (2008). Himani, 0612130. (Awarded)
11. A study of Age Effects on Human Memory. (2009). Sukhbinder, 0711129. (Awarded)
12. Effects of Morningness- eveningness and individual Differences on Cognitive Abilities. (2009). Sujata Sukhala, 0711115. (Awarded)
13. Occupational Stress and Occupational Self efficacy among Bank employees. (2009). Versa, 0711132. (Awarded)
14. Mental Ability, Coping Resources and Perceived Stress among University Students. (2009). Suman, 0711123. (Awarded)
15. Organizational climate and Burnout among College Lecturers. (2009). Sunita, 0711137. (Awarded)
16. Organizational climate and Burnout among Junior Bachelor Teachers. (2009). Nisha Yadav, 0711121. (Awarded)
17. Organizational climate and Burnout among Trained Senior Secondary Teachers. (2009). Anil Kumar, 0711135. (Awarded)
18. Study of Quality of Work Life and Burnout among Haryana Police Personnel. (2010). Meenakshi, 0811130. (Awarded)
19. Personality Coping Ability and General Mental Health among Prisoners. (2010). Poonam Ranga, 0811131. (Awarded)
20. Stress Level Differences between Working women and Housewives. (2010). Arti, 0811129. (Awarded)
21. Study of Effects of Videogames on Children. (2010). Chitra, 0811104. (Awarded)
22. A study of Investigating the Mental Health, Organizational Climate and burnout among Police Personnel. (2010). Isha Khanna, 0811110. (Awarded)
23. Personality, depression and Self-Efficacy among University Students. (2010). Sunil Kumar, 0811132. (Awarded)
24. Burnout in relation to Organizational Climate among Nursing Staff of Hospital at Hisar. (2010). Pardeep Ambedkar, 0811126. (Awarded)
25. To study the Male Female and Rural Urban Differences in Attitudes towards family relations, gender equality free choice of mate, cultural conformity social attitude and perception of Honor in Haryana. (2011) Suman Balhara 09111001. (Awarded)

26. Attitude towards Status of Women, Feeling of Insecurity and Marital Satisfaction. (2011). Parul Goyal 09111003. (Awarded)
27. A correlational Study of Eating Disorder, Emotional Regulation and Health Locus of Control among Girls. (2011). Priyanka 09111007. (Awarded)
28. A study of Emotional Maturity, Reactions to frustration and aggression level among Students. (2011) Nidhi Rani, 09111012. (Awarded)
29. Organizational Stress, Job Satisfaction and General Health among Women Police Personals. (2011). Mamta Chirang, 09111020. (Awarded)
30. A study of Personality with self Esteem, Personal Growth, Subjective Happiness among University and College Students. (2011). Suman 09111030. (Awarded)
31. The Study of Academic Climate Security Insecurity and Adjustment among College students. (2011). Poonam, 09111035. (Awarded)
32. To study the Social Health of Schizophrenic Patients. (2011). Neetu Singh 09111049. (Awarded)
33. The Co relational Study of Life Satisfaction, Emotional Maturity and Personality among Male and Female Students. (2011) Sangeeta Gautam, 09111053. (Awarded)
34. The Co relational Study of Life Satisfaction Family Adjustment and Psychological Sex Role Orientation among Married Working Women. (2011) Kavita, 09111055. (Awarded)
35. A study of Home and School Adjustment Level among Students. (2011). Sandeep Kumar 09111057. (Awarded)
36. Correlation of Eating Disorders with Self-Regulation and Automatic Thoughts. (2011). Vandana Malik, 09111061. (Awarded)
37. A Co relational Study of Creativity, Self-Control and Emotional Competencies among University Students. (2011). Sharmila Yadav 09111062. (Awarded)
38. Honour Killing. (2012). Alka Rani. 10111004. (Awarded)
39. A co relational study of Self Control and Peer Pressure among Urban/Rural Adolescents of Age Group 14-18. (2012). ILA Popli. 10111016. (Awarded)
40. Effects of Consumerism and Impulsivity on self-Control and Need Pattern among rural and Urban Students. (2012). Mahak. 10111021. (Awarded)
41. A study of Organizational Climate, Life Satisfaction and Role Conflicts among Employees. (2012). Vandana. 10111030. (Awarded)

42. A study of Relationships between Eating attitudes and Need Patterns among Rural and Urban Females. (2012). Kritika Saini. 10111034. (Awarded)
43. A co relational Study of Social Materialism, Need Pattern and Self Control among Males and Females. (2012). Priyanka Narwal. 09111043. (Awarded)
44. Honour Killing in Haryana. (2012). Ruble. 10111044. (Awarded)
45. A study of Materialism Value, Emotional Wellbeing and Self-Control on Urban Youth in Males and Females. (2012). Minakshi Saini. 10111049. (Awarded)
46. A Co relational study of Impulsivity, Peer Pressure and Eating attitudes among young adults. (2013). Ekta Nehra. 11111052. (Awarded)
47. Peer Pressure, Eating Attitudes Adjustment and social maturity among late Adolescents. (2013). Sakshi. 11111008. (Awarded)
48. A co relational study of Perceived Stress, Turnover Intentions, Quality of Work Life and Organizational Climate among Teachers of Rural Public and Private Sector Schools. (2013). Rinku. 11111001. (Awarded)
49. A co relational study of Perceived Stress, Turnover Intentions, Quality of Work Life and Organizational Climate among Teachers of Urban Public and Private Sector Schools. (2013). Manjeet Kaur. 11111014. (Awarded)

Sessions Chaired in International and National Conferences/ Seminars

- 9 Session Chair at 54th National & 23rd International Conference of Indian Academy of Applied Psychology (IAAP) on Psychology: Opportunities Beyond Boundaries at Department of Psychology, Kurukshetra University, Kurukshetra held on February, 14-16, 2019.
- 8 Session Chair at 4th International Conference of Indian Academy of Health Psychology M. V. P. Samaj's A.C.S. College, Tryambakeshwar, Nashik, Maharashtra, held on November 23-25, 2018.
- 7 Session Chair at International Conference on positive psychology for health and Well

- Being at Department of Applied Psychology, GUS&T Hisar held on March 9-10, 2018.
- 6 Session Chair at International Conference on Psychology, Health & Medicine 2018 at Amity Institute of Behavioural & Allied Sciences Jaipur held on February 2-4, 2018.
 - 5 Session Chair at International Conference on Emerging Areas of Environmental Science and Engineering at Department of Environmental Science & Engineering, GJUS&T, held on 16-18 February 2017.
 - 4 Session Chair at International Conference on Nurturing human values in youth: A perspective of Srimad Bhagavad Gita, at Guru Jambheshwar Ji Maharaj Institute of Religious Studies, GJUS&T, held on December 8-10, 2016.
 - 3 Session Chair at International Conference on youth and well-being held at Department of Applied Psychology, GUS&T Hisar on November 11-12, 2016.
 - 2 Session chair at one-day national seminar on Positive Psychology and Well-Being, at Department of Psychology, National P G College, Sirsa held on 2016.03.06.
 - 1 Session Chair at 2nd International and 4th Indian Psychological Science Congress, held at Dept. of Psychology, P.G. Govt. College, Sec 46 Chd. On 8-9 October 2015.

Orientation/ Refresher Course attended

- 5 Attended Short Term Program on scientific Writing Skills, held at UGC- Human Resource Development Centre, GJUS&T, Hisar 23.11.2017 to 29.11.2017 (One week)
- 4 A refresher course on Research Methodology for social sciences (Interdisciplinary for) was attended from 19.08.2013 to 07.09.2013 at Academic Staff College. Guru Jambheshwar University of Science and technology.
- 3 A refresher course on Emerging Issues in Educational Technology (Interdisciplinary for all Courses) was attended from 15.12.2011 to 04.01.2012 at Academic Staff College. Guru Jambheshwar University of Science and technology.

- 2 A refresher course on statistical methods for social sciences was attended from September 2007 at academic staff college (Panjab University) Chandigarh
- 1 An orientation Course from 1.12.2006 till 28.12.2006 was attended at academic staff college (Panjab University) Chandigarh

Involvement with formulation of Academic programs

1. BSc (Hons.) Psychology. (started in 2019 in my chairpersonship)
- 2 MSc Psychology revised in 2021 (in my chairpersonship)
- 3 BSc (Hons.) Psychology. (revised in my chairpersonship)

Administrative Duties

- 7 Performed the Duties of Chief Warden (Boys) in the University (2020-2021)
- 6 Acted as Chairperson Board of studies Aug, 2018 till Aug 2021.
- 5 Performing the duties of Joint- secretary cum Treasurer of Alumni Relations, Guru Jambheshwar University of Science and Technology, Haryana from 21.01.2020.
- 4 Performed the duties of Chairperson of the department of Applied Psychology from August 2018 till August 2021.
- 3 Performed the duties of training and placement advisor of the department of Applied Psychology from more than 15 years.
- 2 Member of Academic Council of the university from 5.4.2013.
- 1 Acted as member of PG Board of Studies from 2005-2007, 2010-2011 and continuing from Aug 2018 till date

Member of Academic bodies other than GJUST

1.	Member of the Board of Studies of Department of Psychology, Shri Vishwakarma Skill University, Gurugram
2.	Member of UG board of Studies in Department of Psychology, Kurukshetra University (24.08.2021 till 24.08.2023).
3.	Member of board of Studies in Department of Psychology, Chaudhary Charan Singh University, Merut (2022 till 2025).

Member of Psychological Associations

- 1 Member of National Association of Psychological Science
- 2 Member of Haryana Psychological Association