

**NOTICE**

**Sub: Workshop on “Meditation for Healthy Living” on 26.07.2023.**

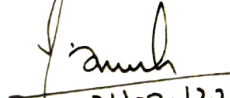
It's our privilege to inform you that the Centre for Counselling and Well-Being, GJUS&T, Hisar is organizing a Workshop on “**Meditation for Healthy Living**” on 26.07.2023 in the University Auditorium Seminar Hall No. 3 at 11:00 AM to 12:30 PM. The workshop will be helpful for the participants for positive Mental Health and Well-Being. Students, faculty members and members of non-teaching staff are requested to attend the programme.

**Endst. No. CCWB/2023/.535.....584**

**Date: 21/07/23**

A copy of the above is forwarded to the following for information and further necessary action:

1. Dean Students Welfare, GJUS&T Hisar.
2. All Deans of Faculties, GJUS&T Hisar.
3. All the Chairpersons/Director(s) of the UTDs/HSB, GJUS&T Hisar.
4. Proctor, GJUS&T Hisar.
5. Dy. Director, Public Relations, GJUS&T Hisar.
6. Secy. to Vice-Chancellor (for kind information of the Vice-Chancellor), GJUS&T Hisar.
7. Superintendent O/o Registrar (for kind information of the Registrar), GJUS&T Hisar.

  
21/07/23  
**DIRECTOR**